

EUROPEAN
ATHLETICS
TEAM
CHAMPIONSHIPS
Silesia 2023

PART OF



TEAM MANUAL





European Athletics Team Championships Silesia 2023



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1 GENERAL INFORMATION

1.1 Host Country Poland

Poland, officially the Republic of Poland, is a country located in Central Europe. It is divided into 16 administrative subdivisions. It is the sixth most populous member state of the European Union. Poland's largest city and its capital is Warsaw. Other major cities include Kraków, Łódź, Wrocław, Poznań, Gdańsk and Szczecin.

Poland's territory extends across several geographical regions. The Baltic seacoast is situated in the north-west of Poland. This coast is marked by several spit, coastal lakes, and dunes. The centre and parts of the north of the country lie within the North European Plain. Rising above these lowlands is a geographical region comprising four hilly districts of moraines and moraine-dammed lakes, of which the biggest one is the Masurian Lake District. South of Poland is a mountainous region with the highest Tatra Mountains.

Form of Government	Unitary Parliamentary Constitutional Republic
Location	Central Europe
Area	312,696 km ²
Population	38,433,600 (2017)
Coastline	770 km (in which 528 km is the Polish Baltic coast), mostly smooth
Climate	Mostly temperate. Average temperature in Bydgoszcz in August is 17,7°C, with the highest temperature of 23°C and the lowest of 12,4°C.
Language	Polish
Religion	Catholic 87,58%, undeclared 7,10%, other 1,28%, irreligious 2,41%, not stated 1,63% (2011)
Capital	Warsaw
Local Time	During European Team Championships Poland is on UTC +2 time.
Electricity	Power plugs and sockets are of type E. The standard voltage is 230 V and the frequency is 50 Hz.
Driving	On the right side of the road.
International Calls	00
Telephone Country Code	+48



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Mobile Phone Networks	Poland's operators provide good 2G, 3G and 4G services on a GSM platform. Poland is part of the European Union, which means all providers are subject to the EU roaming pact.
Currency	Polish złoty (PLN, zł), the approximate exchange rate: 1 EUR to 4,29 PLN and 1 PLN to 0,23 EUR. Coins: 1gr (grosz, 1gr=1/100zł), 2gr, 5gr, 10gr, 20gr, 50gr, 1zł, 2zł, 5zł. Notes: 10zł, 20zł, 50zł, 100zł, 200zł, 500zł.

1.2 Host City Silesia

The Silesian voivodeship attracts guests with its diversity. We are lucky to live in a region full of contrasts, with a great richness of landscapes, views, and traditions. Technology co-exists with the beauty of nature, the industrial heritage intertwines with the charms of the Beskid Mountains and the Kraków-Częstochowa Upland, known as the Polish Jura.

For decades we have drawn on our diversity, cultural wealth and the tradition which has shaped generations and forms a unique quality on the map of the country. The Silesian voivodeship today is not just old mineshafts, which have been transformed over the years into places teeming with life, but also delightful nature, unique historical monuments, and modern spaces. You need to see it with your own eyes by visiting the region and dwelling on its possibilities. What used to be the baggage of complicated history has now become our pride and identifying feature. We have turned our weaknesses into strengths.

Our region is dealing with the challenges of economic transformation, turning away from heavy industry, and is developing fast, based on new technologies and innovation. For years we have ranked high on investment opportunities, giving the investors excellent conditions for doing business. We utilise European Union funding effectively in cooperation with the government and the European Commission, as evidenced by the prestigious European Entrepreneurial Region award. This came as evidence that our hard work during the COVID-19 pandemic has been appreciated and it also gives us motivation to continue supporting entrepreneurs and improving the quality of life.

We focus on knowledge development, environmental protection, and modern technology without losing sight of the industrial traditions. Our challenge is to improve the quality of life, not just by creating well-paid jobs, but also by developing education, recreational facilities, and clean transport, as well as a range of cultural and sports activities. We are modernising the Silesian Park, wanting it to be a modern and people-friendly place which brings generations together. In the Silesian Stadium we organise sporting and musical events, featuring both global stars and amateurs, for whom performing in the legendary venue often is a dream come true.

We have everything it takes to make our region a modern and green one, using our greatest asset – our people, with their passion, knowledge and a strong work ethic passed from generation to generation. We are both proud of our heritage and conscious of the direction we need to take.

Business Hours Shops, Government Offices, Banks

- Business hours: 8:00 – 16:00
- Shop opening hours: 8:00 – 21:00
- Government Offices: 8:00 – 16:00



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-
- Post Office / Banks: 8:00 – 16:00

1.3 European Games 2023

The European Games is the flagship event of the European Olympic Committees (EOC).

The European Games in 2023 will be an important stepping-stone for the continent's athletes on the road to the Olympic Games, with many of the sports acting as European Championships and/or providing qualifications for Paris 2024.

The third edition of the European Games will also be a showcase for some non-olympic and newer sports, such as Beach Handball, Padel and Teqball.

Athletes will compete in 29 disciplines on 25 venues located in Kraków, the region of Małopolska as well as in various locations in Southern Poland: Wrocław, Chorzów, Bielsko-Biała and Rzeszów.

An Opening Ceremony will be held in Krakow on 21 June 2023 and Closing Ceremony on 02 July 2023.



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2 TRANSPORTATION

2.1 Arrivals

2.1.1 Official Airport and Welcome Services

The official airport for the First and the Second Division is Katowice Wojciech Korfanty Airport (KTW) which is about 40 minutes' drive to the competition venue.

For the Third Division teams, the official airport is Krakow John Paul II International Airport (KRK), which is about one hour drive to the competition venue in Chorzow, Silesia and about 30 minutes from accommodation facilities.

Upon arrival at Katowice and Kraków Airport the teams will be met by the LOC airport coordinator or volunteer.

From 16 June until 30 July a Welcome Desk is placed at the Kraków Airport and from 18 June until 22 June at the Katowice Airport.

The dedicated staff at the Welcome Desk will guide you to the proper EG23 Shuttle.



In case you need any support, please report to the welcome desk located on the arrival hall at each airport contact the transportation department +48 666 103 517.

Krakow Airport

The Welcome Desk is located at the arrival's hall. Pick-up point will be on the second lane (BUS / VIP):



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Katowice Airport

Pick-up point will be on the second lane, near the arrival hall of Katowice Airport:



The opening dates and times of the Welcome Desks on both airports will be the following:

Date	Opening hours
18 June	10:00 – 00:00*
19 June	10:00 – 00:00*
20 June	10:00 – 00:00*
21 June	10:00 – 00:00*
22 June	10:00 – 00:00*

* The opening hours are provisional and will be in accordance with the provided arrival times from the Final Entries



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The transfer time from the Katowice Airport to the official hotels will be approx. between 25 and 50 minutes and from Krakow Airport to official hotels approx. 20 minutes.

2.1.2 Arrival by Train

There will be no Welcome Desk at the main railway station in Silesia. Teams arriving by train will be met by LOC representatives and taken to the team hotel, according to the arrival times given in the final entry system.

2.1.3 Arrival by Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them. There will be a special car and bus parking for them nearby the hotel. The parking spaces are subject to a fee. In case of any specific request regarding parking please contact Transportation department at transportation@ie2023.pl.

2.1.4 Visa Requirements

Poland is the part of the Schengen area. Citizens from the United Kingdom do not require an entry visa for Poland for short stays (for up to 90 days in any 180-day period in the whole Schengen Area).

Participants will need a visa to Poland if they are citizens of a non-Schengen country without a visa-free travel agreement with the Area. EGO23 will help to make the process faster and more convenient for all who will need to apply for visa to enter the territory of the Republic of Poland. The whole procedure will be communicated to EG2023 participants from the non-Schengen countries. For more information and help with visa procedure please contact us by e mail visa@ie2023.pl and magdalena.sobolewska@stadionslaski.pl.

The participants from the following countries require visas (C-type) to enter Poland and Schengen area: ARMENIA – AZERBAIJAN – KOSOVO* – TÜRKIYE – GIBRALTAR

*As defined by United Nations Security Council Resolution 1244 of 10 June 1999.

Request for invitation letters shall be supported with the following information:

- Full name (first name and family name as shown in passport)
- Function
- Date of birth
- Passport Number and Passport Expiry Date (passports should be valid for at least 6 months after the end of the competition).

2.1.5 Insurance

According to the European Athletics Competition Regulations, the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.



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2.2 Local Transportation

Transportation between the team hotels and the various venues, including official and social functions, will be guaranteed by the LOC shuttle service.

First and the last pick up will be operated by several busses. Each subsequent courses will be served by one bus only.

Mercure Hotel Katowice is the pickup point for the B&B Hotel Katowice and Courtyard by Marriott Katowice.

2.2.1 Shuttle service

Transfer times between the team hotels and the competition and warm-up/training venue will be between 15 and 30 minutes for First and Second Division, and between 60 and 80 minutes for Third Division - depending on the hotel location and traffic conditions.

Full details of the dedicated bus schedule to the competition and warm-up/training venue will be displayed at the Information board in each hotel and in virtual TIC.

2.2.2 Transportation of vaulting poles

Each team is responsible for organizing transportation of its poles until arrival in Poland. To ensure a proper pick-up procedure, all teams are responsible for including their arrival information in the Final Entries including registering the poles as bulky luggage/special travel needs.

Upon arrival to Poland, pick-up of the poles will be arranged by the LOC who will transfer them to Competition/Training Venue, where they will be at the athlete's disposal. All poles or bag of poles should bear the identification of the athlete (tag of the name, country, gender, event, and number of poles per bag).

The LOC will provide transport for the delivery of vaulting poles, from all official airports (Krakow and Katowice) and from Warsaw airports as well. In case of any specific request regarding parking please contact Transportation department at transportation@ie2023.pl.

2.3 Departure

A transportation service will also be in place for team departures. The frequency of this service will be based on the departure schedule, which will be posted at the Information Desk of each Team Hotel at least 24 hours before departure.

Teams will be asked to provide full travel details together with the final entries. Team leader will have to confirm departure details during the accreditation process. Any changes to the provided details shall be communicated to the LOC (TIC at the stadium), at least 48 hours before departure.

Please contact the LOC Transportation department (transportation@ie2023.pl) or LOC Team Services department (+48 666 103 517) in case you need any support.



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3 ACCREDITATION

3.1 General

The European Athletics Team Championships this year will be organised as part of the European Games, the registration process of the Member Federation representatives is the following: Member Federation representatives (President, CEO, General Secretary...) in case wish to attend on the event, shall be either registered as part of the team, and therefore to be registered in the European Athletics Entry System, or alternatively through the National Olympic Committee (if they would come in addition to the team registered according to the competition regulations). Please note, no separate invitation process will apply for the Member Federation representatives. Thank you for taking a note on the above and submitting the Final Entries accordingly.

The following functions (based on EG standards) will be used for teams' accreditation:

Team functions in European Athletics Entry System	Respective accreditation category as per EG standards
Athlete	<i>Athlete (Aa)</i>
Reserve athlete	<i>Alternate Athlete (Ap)</i>
Head of Delegation / Team leader /Team Official	<i>Administrative personnel (Ao)</i>
Team Coach	<i>Head Coach (Ao)</i>
	<i>Coach (Ao)</i>
Team Press Liaison	<i>Press Attache (Ao)</i>
Team Doctor / Physiotherapist	<i>Medical personnel (Ao)</i>

Each team member will receive an accreditation card, which must be always worn and should be clearly visible. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints.

3.2 Accreditation Centre

The Main Accreditation Centre will be located at the Stadium (P1 Parking). This is where the Team Leader shall report as soon as possible after his arrival, to carry out the administrative procedures.

The Main Accreditation Centre's opening hours will be as follows:

Date	Opening hours
16 – 24 June	07:00 – 20:00
25 June	07:00 – 16:00

In case of arrival outside of the opening times, Team Leaders are kindly requested to report to the Main Accreditation Centre on the next morning.



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For the Third Division, as all the Teams are accommodated in Kraków, the accreditations will be delivered to the hotels and the Team Leaders will collect them from the Welcome Desks at their relevant hotels.

3.3 Accreditation Procedure

Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the European Athletics Entry System. No changes will be accepted after the final entries' deadline.

The Team Leader will be asked to complete the following formalities before he/she can collect the accreditation cards for the whole team:

- LOC accommodation invoice
- Uniform check
- Confirmation of departure details.

Any lost or damaged accreditation cards should be reported to the MAC. Duplicate cards can be obtained where proof of identity can be established at a charge of €50.

3.4 Access Areas for Teams and Special Passes

All team accreditation cards will allow access to the team seating area, warm-up area and training areas, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield – escorted by the Officials. Furthermore, the accreditation can be used to access the Team Shuttle Buses and catering services at the team hotels.

European Athletics shall provide special passes as required for the following categories:

- Field events coaching area (1 per team)
- Mixed zone (for access to athletes at the end of the mixed zone).

The special passes for the coaching areas will be distributed during the accreditation procedure, upon signature of the Team Leader.



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4 ACCOMMODATION

4.1 General Information

The LOC has made accommodation arrangements for team members of all Divisions in 11 hotels of similar standard.

The hotels will officially open with full services on 18 June for Division II and III and on 21 June for Division I. If members of your federation are planning to arrive earlier, please contact the LOC (accommodation.etch@ie2023.pl) well in advance to make sure specific arrangements are made.

4.2 Official Team Hotels

The official hotels for the European Athletics Team Championships are indicated below with the internet address of their homepage where further details can be found:

- **Division I**
 - Novotel Katowice Centrum, al. Roździeńskiego 16, 40-202 Katowice, <https://rb.gy/sr7uw>
 - Park Hotel Diament Katowice, ul. Wita Stwosza 37, 40-042 Katowice, <https://rb.gy/hvt46>
 - Park Inn by Radisson Katowice, ul. Bytkowska 1A, 40-147 Katowice, <https://rb.gy/2gewb>
 - Vienna House Easy by Wyndham, ul. Sokolska 24, 40-086 Katowice, <https://rb.gy/hu14s>

- **Division II**
 - Diament Zabrze, ul. 3-go Maja 122a , 41-800 Zabrze, <https://rb.gy/1jg6w>
 - Focus Hotel Chorzow, ul. Armii Krajowej 15, 41-506 Chorzów, <https://rb.gy/musb1>
 - Holiday Inn Dabrowa Gornicza, Aleja Roz 1A, 41-300 Dąbrowa Górnicza, <https://rb.gy/jd1b2>
 - Q Hotel Plus Katowice, ul. Wojewódzka 12, 40-026 Katowice, <https://rb.gy/n6zwy>
 - Szafran, ul. Będzińska 82, 41-250 Czeladź, <https://rb.gy/sj3gs>

- **Division III**
 - Campanile Krakow South, ul. Łojasiewicza 2, 30-348 Kraków, <https://rb.gy/2xuqr>
 - Premier Krakow, ul. Opolska 14a, 31-323 Kraków, <https://rb.gy/ydi5s>

Reservations will be made by the LOC based on the accommodation requirements indicated in the Final Entries.



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4.3 Accommodation Costs and European Athletics Quota

4.3.1 European Athletics Quota

EOC and the Local Organising Committee of the European Games 2023 are to cover full board accommodation for in quota athletes and officials. The quota of athletes and team official is 46 and 12 respectively, per team. Each team will be provided with single rooms (approximately 10% of the entered team members) for in-quota athletes and officials.

The official accommodation period is 5 nights (3 competition days + 2 additional days). For the Third and Second Division it is from 18 to 23 June 2023. And for the First Division it is from 21 June to 26 June 2023.

For out-of-quota, out-of-official period, and additional single rooms (all subject to availability), the costs are to be covered by the participating teams, as per the following rates:

- For the **First Division**:

	Twin*	Single
In EUR (full board accommodation), per room	270,00	180,00

- For the **Second** and the **Third Divisions**:

	Twin*	Single
In EUR (full board accommodation), per room	200,00	130,00

* In case of later arrival/early departure of the sharing person, the night used in the twin room will be charged at the rate of the twin room in single occupancy.

Cancellation Policy

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

4.3.2 Payment Procedures

The accommodation invoice will be sent to each Federation detailing the amount they owe after the final entries. Federations are kindly encouraged to make their payment by bank transfer to the account that is indicated on the final invoice.

Note: A copy of the bank transfer will be required on arrival.

The balance of the payment must be paid on-site. Payment can also be made by credit card or by cash in PLN or Euros by the Team Leader upon arrival at the Accreditation Centre,



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4.3.3 Extra Charges

The Team Leader must settle phone bills and all other extra services at the hotel reception before departure. The Team Leader will be requested a credit card by the hotel reception desk for extras. All payments must be made in PLN.

4.3.4 Rooming list

Detailed information about athletes and officials' rooming list will have to be entered by the Member Federations during the Final Entries process.

After the closing of the final entries, further amendments to the room requirements, rooming list and/or travel details will have to be communicated to the LOC accommodation.etch@ie2023.pl.

4.3.5 Meals

Meals will all be served in buffet style and, to the extent possible, will be similar in all hotels. A large selection of suitable food will be available taking into consideration special diets, religion, and culture of the participants.

Mealtimes for **Division III** staying in Krakow shall be as follows:

- Breakfast 05:30 – 09:30
- Lunch 12:30 – 16:30
- Dinner 19:00 – 22:30.

Mealtimes for **Division I and Division II** staying in Katowice shall be as follows:

- Breakfast 06:00 – 10:00
- Lunch 12:00 – 16:00
- Dinner 19:00 – 22:30.

A late serving provision will be made for those athletes retained at the stadium due to doping controls or protests.

For lunch and dinner, mineral water is available free of charge. All other drinks must be paid for.

Accreditation cards will allow access to meals. Furthermore, access to restaurants will only be possible at the hotel where they are staying.

4.4 Services in the Team Hotels

4.4.1 Information Desk

An Information Desk will be in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the European Athletics Team Championships. The Information Desks' opening hours will be as follows:

Date	Opening hours
18 – 26 June	07:00 – 21:00



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4.4.2 Meeting Rooms

Rooms for meeting opportunities are available at all Team Hotels. Reservation shall be required via the Information Desk at a reasonable time in advance.

To ensure that all teams have access to the meeting room, usage may be limited.

Teams requiring any additional service may make separate arrangements through the Information Desk. There is also the possibility to reserve office/meeting rooms for Teams, with exclusive right for the whole duration of the Championships. Please contact accommodation.etch@ie2023.pl.

4.4.3 Rooms for physiotherapy

Dedicated rooms for physiotherapy will be provided for the teams with medical staff to set-up their own massage beds.

There will also be LOC physiotherapy services offered to those teams that do not have their own medical staff (please see 9.2.1 Medical/Physiotherapy services).

4.4.4 Internet access

Free internet access will be provided at team hotels.



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5 TECHNICAL INFORMATION

5.1 Technical Information Centre (TIC)

The TIC is located at the competition venue (see Appendix 4)

The main function of the Technical Information Centre is to ensure smooth communication between Team Officials and the LOC, the European Athletics Technical Delegates, and the Competition Management, regarding technical matters.

The TIC will be open according to the following schedule:

Date	Opening hours
Monday, 19 June	09:00 – 18:00
Tuesday, 20 June	08:00 – 21:00
Wednesday, 21 June	08:00 – 21:00
Thursday, 22 June	08:00 – 21:00
Friday, 23 June	09:00 – 21:00
Saturday, 24 June	09:00 – 20:00
Sunday, 25 June	09:00 – 20:00

The TIC is responsible for, but not limited to, the following:

- Display on the relevant notice board of official communications to the teams, including start lists, results and Call Room reporting times
- Distribution of urgent notices to the delegations from the Technical Delegates and competition management
- Receipt of written questions to be answered during the Technical Briefing
- Settlement of technical enquiries from delegations
- Receipt of withdrawal forms
- Distribution of items confiscated at the Call Room
- Registration and collection of personal implements
- Managing additional doping control requests in case of a national record
- Protests.

The distribution of competition related information and important notices of general interest (e.g. changes to the timetable) at the TIC will NOT be systematically made through printouts in the Team pigeonholes but will be displayed on the notice boards. It will still be possible to request occasional copies of specific event start lists and / or results at the TIC.

All competition related information will be also sent by emails to the team leaders to the email addresses communicated in the final entries. Any relevant additional email addresses can be communicated to the TIC (tic@stadionslaski.pl) prior to the start of the Championships. When the Team Leaders are collecting the team accreditation cards, they will be asked to confirm the e-mail addresses.



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Individual communications to specific teams will be nevertheless also posted through the pigeonholes preceded by a notice through Team Leaders' WhatsApp group.

5.1.1 Virtual TIC

Team Leaders will also be provided with an individual and personalised access to European Athletics online tool, where they will be able to:

- make their final confirmations,
- download information posted by the LOC / European Athletics (technical information, qualification procedures and starting heights, daily call room schedule ...)
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms ...)

The platform will be accessible at a link to be communicated to the Teams at a later stage, together with a detailed user manual.

5.1.2 Orientation visit

There will be an Orientation visit organised to the Silesian Stadium on

- Monday, 19 June 2023 at 10:00 for Team Leaders of Division III
- Monday, 19 June 2023 at 16:00 for Team Leaders of Division II
- Friday, 23 June 2023 at 10:00 for Team Leaders of Division I

in order for the team leaders to inspect access routes and other facilities which will be important to the teams. Team leaders are to meet LOC members at the First Call, from where they will be escorted to this visit. The inspection will be held in English. This competition venue inspection will be followed by a technical update for each division.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the technical update for each division.

There will be no dedicated transport provided for this activity. Team delegates shall use the Team Shuttle Service from the Team Hotel. Please refer to the Information Desk in the Team Hotel for detailed information.

5.1.3 Written Questions

Any enquiries concerning the technical conduct of the Championships must be made in writing (in English). The questions have to be filled-in online, via the Virtual TIC, by

- Sunday, 18 June 2023 at 18:00 for Division III
- Monday, 19 June 2023 at 10:00 for Division II
- Thursday, 22 June 2023 at 10:00 for Division I.

All the latest updates (timetable amendments, starting heights and progression, etc.) and the answers to written questions will be provided to the Teams via Virtual TIC before the Championships.



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5.1.4 Team Leaders' WhatsApp Group

A WhatsApp group including all member federations' Team Leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/European Athletics via this group.

European Athletics kindly asks the Team Leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of his/her team only, a Team Leader is encouraged to use other means of communication with the European Athletics and the LOC (email, submitting a general inquiry form in Virtual TIC, etc.).



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6 COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS

6.1 Competition Venue

Śląski Stadium and its surroundings are shown in Appendix 3. The infield layout of the Arena is shown in Appendix 5.

6.2 Training & Warm-up Venue

The Warm-up venue (Appendix 4) will be also used for training purposes as such for all divisions. No dedicated training venue is to be provided.

The Warm-up area has the following sites:

- team boxes
- medical point
- toilets
- equipment point
- refreshment point (soft drinks, fruits)
- weightlifting room.

Additionally, an LED screen will be placed in the central part of the area.

The throwing area is located next to the main warm-up facility and will have a medical point, too. Between the areas there will be a weightlifting area and additional toilets and a medical point.

The Warm-up venue (incl. long throwing area) will be operational according to the following schedule:

Monday, 19 June 2023		
Warm-up Area, Śląski Stadium	Training Division III	09:00 – 12:00
Warm-up Area, Śląski Stadium	Training Division II	15:00 – 18:00

Tuesday, 20 June 2023		
Warm-up Area	Warm-up and Training Division III	08:00 – 14:00
Warm-up Area	Warm-up and Training Division II	14:30 – 21:00

Wednesday, 21 June 2023		
Warm-up Area	Warm-up and Training Division III	08:00 – 14:00
Warm-up Area	Warm-up and Training Division II	14:30 – 21:00

Thursday, 22 June 2023		
Warm-up Area	Warm-up and Training Division III	08:00 – 14:00
Warm-up Area	Training Possibility Division I	11:00 – 14:00
Warm-up Area	Warm-up and Training Division II	14:30 – 21:00
Warm-up Area	Training Possibility Division I	18:00 – 21:00

Friday, 23 June 2023		
Warm-up Area, Śląski Stadium	Training Division I	09:00 – 12:00



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Warm-up Area	Warm-up and Training Division I	14:30 – 21:00
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Saturday, 24 June 2023

Warm-up Area	Training Division I	09:00 – 12:00
Warm-up Area	Warm-up and Training Division I	13:00 – 20:00

Sunday, 25 June 2023

Warm-up Area	Training Division I	09:00 – 12:00
Warm-up Area	Warm-up and Training Division I	13:30 – 19:00

Dedicated **warm-up and training times** for **Long Throwing** events and for **High Jump** and **Pole Vault** will be published at Virtual TIC on a later stage.

Equipment and implements necessary for training will be available at the warm-up venue. Officials will be present to help in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weightlifting room for training purposes is situated between warm-up area and long throws area and will be open during opening hours of Warm-up area.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks in each team hotel.

6.3 Official training at the Competition Venue

Official training for all athletes at the Śląski Stadium will take place on the following days:

- Monday, 19 June 2023 at 09:00 – 10:30 (Group 1*) for Teams of Division III
- Monday, 19 June 2023 at 10:30 – 12:00 (Group 2*) for Teams of Division III
- Monday, 19 June 2023 at 15:00 – 16:30 (Group 1*) for Teams of Division II
- Monday, 19 June 2023 at 16:30 – 18:00 (Group 2*) for Teams of Division II
- Friday, 23 June 2023 at 09:00 – 10:30 (Group 1*) for Teams of Division II
- Friday, 23 June 2023 at 10:30 – 12:00 (Group 2*) for Teams of Division II

The warm-up area will also be available during this time. The sessions per divisions will be split into two groups (per hotel):

	Group 1	Group 2
Division III	Premier Krakow	Campanile Krakow South
Division II	Focus Hotel Chorzow, Q Hotel Plus Katowice	Diament Zabrze, Holiday Inn Dabrowa Gornicza, Hotel Szafran
Division I	Park Hotel Diament Katowice, Park Inn by Radisson Katowice,	Novotel Katowice Centrum, Vienna House Easy by Wyndham

The Training with Official Starters will take place at the Śląski Stadium on



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- Monday, 19 June 2023 at 09:30 – 10:15 (Group 1*) for Teams of Division III
- Monday, 19 June 2023 at 11:00 – 11:45 (Group 2*) for Teams of Division III
- Monday, 19 June 2023 at 15:30 – 16:15 (Group 1*) for Teams of Division II
- Monday, 19 June 2023 at 17:00 – 17:45 (Group 2*) for Teams of Division II
- Friday, 23 June 2023 at 09:30 – 10:15 (Group 1*) for Teams of Division II
- Friday, 23 June 2023 at 11:00 – 11:45 (Group 2*) for Teams of Division II

6.4 Equipment & Implements

6.4.1 Official Implements

The implements provided by the LOC (see Appendix 1) are selected from those appearing on the current World Athletics-approved implements list.

6.4.2 Personal Implements

Personal Implements shall also be allowed, providing that:

- They are readily identifiable and are World Athletics certified
- They have been checked for compliance with World Athletics Rules
- They are made available to all the other competitors until the end of the Final

Personal implements will have to be submitted to the Technical Information Centre (TIC) the day before the event and no later than 18:00.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Note: “World Athletics Certified” implements may include older models that previously held a certificate but are not in production any longer.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (<https://www.worldathletics.org/library>) in advance to identify the implement noting its World Athletics certification number. If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics Office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time.

6.4.3 Markers

Athletes will not be permitted to use their own markers during the Championships. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. The number of markers per athlete is limited to two (including the tape markers in the High Jump). Relevant officials will also provide adhesive tape for the relay runners at the track.



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7 ENTRY SYSTEM & FINAL CONFIRMATIONS

7.1 Programme and Structure

According to the Technical Regulations the athletics competition within the European Games 2023 is a team competition between European Athletics Member Federations, divided into 3 (three) Divisions, and held in accordance with the applicable Rules of the World Athletics (WA) and the current regulations.

The participating teams shall be divided into the Divisions as the following:

- First Division with 16 teams,
- Second Division with 16 teams, and
- Third Division with the remaining teams (approximately 16).

Each Division is to be regarded as a separate match and scored accordingly.

The groupings are as follows (as of January 2023):

DIVISION I

Belgium
Czech Republic
Finland
France
Germany
Great Britain & NI
Greece
Italy
Netherlands
Norway
Poland
Portugal
Spain
Sweden
Switzerland
Turkey

DIVISION II

Bulgaria
Croatia
Cyprus
Denmark
Estonia
Hungary
Iceland
Latvia
Lithuania
Luxembourg
Rep. of Moldova
Romania
Serbia
Slovakia
Slovenia
Ukraine

DIVISION III

Albania
Andorra
Armenia
Athletic Association of Small States of Europe (AASSE)
Austria
Azerbaijan
Bosnia Herzegovina
Georgia
Ireland
Israel
Kosovo
Malta
Montenegro
North Macedonia
San Marino

Note: Participation of BLR and RUS is subject to the lifting of the current sanctions.

7.2 Entry Procedures

Entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://evententry.worldathletics.org/>. Member Federations' entries manager shall use their already known individual and personalised access.

Only athletes aged at least sixteen (16) years on 31 December of the year of the competition may participate in the athletics competition of the European Games 2023.

Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).



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7.2.1 Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received not later than 8 (eight) days before the first competition day. According to the regulations the deadlines for the final entries are:

- Final entries:
 - from 30 May to 12 June 2023 (14:00 CET) for Second and Third Divisions
 - from 30 May to 15 June 2023 (14:00 CET) for the First Division.

Member Federations will be able to enter reserve athletes in the final entries system for replacements in case of medical or other relevant reasons (both travelling and non-travelling athletes). Please note only registered athletes will be eligible for a replacement. Athletes not registered in the final entries will not be accepted for replacement purposes.

All member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the Final Entries process.

7.2.2 Changes in logistics data

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g., cancellation of flights). We would like to make sure these changes are well traceable, therefore please make sure all changes (even last-minute ones) are communicated directly to the LOC via Transportation department email: transportation@ie2023.pl

In case the changes are affecting the initial accommodation bookings, please contact the LOC Accommodation department as well via email: accommodation.etch@ie2023.pl

7.2.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline, which is outlined below for all events. Final confirmations will have to be made online, via Virtual TIC.

Deadline for Final Confirmations:

Competition day	Deadline for Final Confirmation
Day 1, Tuesday, 20 June	10:00, Monday, 19 June – Division III 16:00, Monday, 19 June – Division II
Day 2, Wednesday, 21 June	10:00, Tuesday, 20 June – Division III 16:00, Tuesday, 20 June – Division II
Day 3, Thursday, 22 June	10:00, Wednesday, 21 June – Division III 16:00, Wednesday, 21 June – Division II
Day 4, Friday, 23 June	15:00, Thursday, 22 June – Division I



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Competition day	Deadline for Final Confirmation
Day 5, Saturday, 24 June	15:00, Friday, 23 June – Division I
Day 6, Sunday, 25 June	15:00, Saturday, 24 June – Division I

7.2.4 Relays Declaration Forms

The composition of each relay team as well as the order of running shall be officially declared via Virtual TIC no later than the published First Call time for the respective heat. The applicable deadlines will be published as part of the detailed Call Room schedule.

7.2.5 Failure to Participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule 4 of the Technical Rules or TR4).

7.2.6 Withdrawal

Withdrawals after final confirmation, have to be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal has to be specified in detail, being its acceptance of the responsibility of the Medical Delegate and Technical Delegates based on the World Athletics Rules.



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8 COMPETITION PROCEDURE

8.1 Timetable

The European Athletics Team Championships are staged over 6 (six) days as follows:

- Day 1 to Day 3: Third (3rd) Division in the morning sessions and the Second (2nd) Division in the evening sessions.
- Day 4 to Day 6: First (1st) Division in the evening sessions.

Please refer to Appendix 2 for the competition timetable.

8.2 Competition Bibs

Each competitor will receive 4 competition bibs with the country code. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag. Exceptions are made for jumping events: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

For track events from 400m and onward, each competitor will receive only 3 bibs with the country code. These must be pinned to the back of the competition clothing, tracksuit, and the bag. The fourth bib, which is to be pinned to the front, will be distributed at the Call Room, and will contain a transponder.

The competition bibs will be delivered to the teams during the Technical Briefing. Bibs must not be cut, folded, or covered in any way.

8.3 Competition Clothing

Competitors must wear the Federation's official team clothing. World Athletics TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room.

The European Athletics has a record of the Team vests of all Member Federations accessible at the following link: <https://eathletics.sharepoint.com/sites/EAMExtranet>.

Member Federations shall confirm their team vests. If the uniform displayed differs from your current official uniform, the revised Team Vests form must be uploaded, in one single file, by **12 June 2023**. Otherwise, the existing records will be used as a reference. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition, but also during any victory lap, interviews at the Stadium and the Medal Ceremonies.



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8.3.1 Competition Shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics. In case of no compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or disqualified after the competition with the result being void.

The shoes will be checked after the competition within the Kit Collection/Post Event Area in case of doubts or upon special requests, as well as in case of a World or European Record. In the case of World Records, the shoes will be withheld by the relevant Referee and sent later to the World Athletics as per TR5.

8.4 Call Room

The Call Room is located at Level -1 of the Śląski Stadium.

All athletes (also athletes competing in long throwing events) will have to report to the First Call located at the exit of the Warm-up area, from where they will be accompanied to the Call Room. Note: direct reporting to the call room will not be possible and all athletes must proceed to the First Call.

Access to the First Call will be allowed to athletes only, controlled by accreditation cards and according to the detailed Call Room Schedule that will be published at the Virtual TIC on day-by-day basis.

Athletes who fail to report on time to the First Call without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays.

Refreshments (still water) and toilets will be available next to the Call Room.

8.4.1 Call Room Procedures

In the Call Room the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs
- Shoes and Spikes
- Uniforms
- Bags (identification on and content of)
- Any other kind of advertising

For races from 400m and up (including relays), athletes will receive their front bib including a transponder at the Call Room. Meaning, the athletes competing in those events will receive only three bibs in advance and the front bib will be given to them in the Call Room. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by volunteers.



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Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices) will not be permitted in the infield as per World Athletics Rule 6 of the Technical Rules or TR6. Competition officials in Call Room will confiscate all not authorised items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

8.5 Specific Event Regulations

8.5.1 European Athletics Team Championships Regulations

In addition to the Team Manual more information about the event is available at Technical Regulations at European Athletics website:

[EG-ETCH 2023_Technical_Regulations_updated_Aug2022.pdf \(european-athletics.com\)](https://www.european-athletics.com/EG-ETCH_2023_Technical_Regulations_updated_Aug2022.pdf)

8.5.2 Horizontal Field Events

All participating athletes will have three attempts (rounds 1, 2 & 3). Then, the best 8 athletes will have two more attempts (round 4 & 5). Finally, the best 4 athletes will have the final attempt (round 6). WA TR 25.22 will apply for ties.

8.5.3 Vertical Jumps

In the vertical jumps, the athletes will be divided in two groups (A & B). Both groups are to be held simultaneously. The overall standing of the competition will be based on the combined results of both groups.

The WA TR 26.2 shall be respected. Furthermore, each competitor is limited to a maximum of 4 (four) fouls throughout the whole competition. After the fourth foul he/she may not jump further unless he/she has won the competition. The rule of 4 (four) maximum fouls does not apply in case of the jump-off for the first place.

The time permitted for each attempt shall be always 1 (one) minute, except the consecutive attempts by the same athlete, or if only the winner is competing, in which case WA TR 25.17 shall apply.

The winner of the competition is allowed to continue according to WA TR 26.4. WA TR 26.8 will apply for placing.

The starting heights and the progression in both groups are to be decided by the Technical Delegates considering relevant information (i.e. personal & seasonal bests of the participating athletes). Each group may have a different starting height, but the progression should be similar.

8.5.4 Track events

For the First & Second Divisions, the track events from 100m to 800m inclusively and all the relays are to be held in two heats. 1500m, 5000m & 3000m SC are to be held with one heat only.

The above could be adapted if necessary for the Third Division in case there are more than 16 teams.

For 4x400m Mixed Relay, the order is defined as man – woman – man – woman.



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8.6 Lane Draw and Starting Order

8.6.1 Field Events

The order of attempts in the horizontal field events shall be decided by a draw conducted by European Athletics for each respective discipline separately. In the horizontal field events, the starting order of attempts is to be held for the first three rounds. The order of the attempts for 4th & 5th rounds is to be in the reverse order based on the ranking after the 3rd round. The order of attempts for the last (6th) round is to be in the reverse order based on the ranking after the 5th round.

The distribution of the athletes in between Group A and Group B in the vertical jumps is to be done by the Technical Delegates based on the personal bests of the participating athletes. Once the distribution of the athletes is done, the starting order is to be decided by draw for each group and for each respective discipline separately.

8.6.2 Track Events

The heats for the track events from 100m to 800m inclusively are to be arranged by the Technical Delegates considering as much information as possible about the performances of the participating athletes. Normally, the best performers are to compete in the same heat. A seeding list is to be defined by the Technical Delegate for that purpose.

Once the heats are arranged, the lane distribution is to be conducted by the Technical Delegates as per the WA TR 20.4.2, with the required adaptations, and using the seeding list mentioned above.

The results of the two heats are amalgamated, with the athletes' times determining their placing. In case of a tie between athletes in the different heats for races up to 800m inclusively and the relays, the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken the attributable points shall be divided equally between them.

For 4x100m and 4x400m Mixed relays, the teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled time for each event. The best scored teams will compete in the same heat which shall be the last event of the session of track events. The results of the two heats are amalgamated, as per the Competition Regulations.

For 1500m, 5000m and 3000m SC, the lanes distribution is to be done by draw for each respective discipline separately.

8.7 Specific Event Procedures

8.7.1 Track Events

Athletes in track events will be asked to enter infield already dressed in competition clothing. Tracksuits shall be placed in baskets at Call Room, and these will be taken to the Kit Collection Area at the end of the mixed zone for collection after the race. Specific procedures in case of bad weather will be declared on site as necessary.



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8.7.2 Trials in Field Events

In the field events, the practice trials will be supervised by the judges and to be in the order of the start list for the throwing events. Once the trial jumps/puts are finished, the participants will be asked to stand in the order of the competition for the presentation.

8.7.3 Coaching Zones

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events. Special passes for the concerned field event will be distributed during the accreditation procedure, upon signature of the Team Leader. There will be one pass per athlete competing. The pass is only valid when accompanied by a team accreditation, this accreditation needs to be always visible.

For all field events, coaches are requested to meet at 1st Call Room at the closing time of the respective discipline to be escorted to the respective coaching zones.

8.8 Post Competition Procedures

After the competition, athletes leave immediately through the mixed zone.

In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The clothing baskets will be brought to the Kit Collection Area located after the mixed zone.

8.9 Scoring, Promotion & Relegation

The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

The winner of each individual discipline and each relay in each match shall score as many points as there are teams competing in the respective Division, the second will score one fewer, and so on. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score. If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the Division, and so on. If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners. If the tie remains it shall be decided in favour of the team having the greater number of second places, and so on.

After the conclusion of the European Games 2023, the following relegation and promotion is to be made for the next edition of the European Athletics Team Championships.

- The three lowest ranked teams of the First Division are to be relegated to the Second Division.



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-
- The three highest ranked teams of the Second Division are to be promoted to the First Division, while the three lowest ranked teams are to be relegated to the Third Division.
 - The three highest ranked teams of the Third Division are to be promoted to the Second Division.

8.10 Protests

Any protest shall be made orally to the relevant Referee in the infield by an athlete or someone acting on behalf of an athlete, during the event or immediately after the event. The decision of the Referee will be final, and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee.



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9 MEDICAL SERVICES & DOPING CONTROL

9.1 Medical Services

The LOC medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests, and media) as well as, during the competition, to the spectators in the stadium.

Outside the official opening hours of the official venues and medical facilities, team members shall contact the on-call 24/7 medical assistance available through +905324130420. In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

9.1.1 Medical Services in the Team Hotels

There is no medical centre in the Team Hotels. Medical help in the hotel is available on call. The phone number of medical help will be displayed at the championships Information Desk in each of the Team Hotels.

9.1.2 Medical Care at the Competition Venue

The medical centre serves the athletes, coaches, other team members as well as members of the competition organisation. The medical centre is located at the competition venue (at level -1) and will be open two hours before each session until one hour after each session. During other hours there will be a doctor and nurse on duty.

The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or needs other medical attention.

The stadium medical service is also responsible for first aid in the warm-up area (including long throws area where medical points will be available for immediate assistance).

There will be 3 of first aid teams on the infield, supervised by a doctor and marked with red crosses.

9.2 Physiotherapy Services

9.2.1 Physiotherapy Services in Team Hotels

There will be some rooms available for physiotherapy use in the team hotels. The physiotherapy room will be equipped with ice and towels.

LOC physiotherapists will be also available on call. Athletes willing to book a treatment shall proceed to the Information Desk in their respective team hotel where volunteers will make arrangements according to the availability.

9.2.2 Physiotherapy Services at Warm-up Venue

There are well equipped physiotherapy facilities in the warm-up area. All teams have their own facilities prepared as well as a well-equipped physiotherapy room, including the availability of a LOC physiotherapist. The physiotherapy tent will be open during all training sessions, and during warm-up before each competition session.



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The team physiotherapists and doctors may use the equipment in the physiotherapy room in cooperation with the medical staff.

9.3 Doping Controls

9.3.1 General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by trained chaperone. Athletes will be required to sign a doping control notification form. Athletes have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

A selected athlete should report immediately to the DCS unless there are valid reasons for the delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusing or failing to comply with the Anti-Doping procedures may constitute an Anti-Doping rule violation and could render them liable to disqualification and may result in further disciplinary action. Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

The selection of Athletes for control will be made on a final position and/or random basis.

9.3.2 Additional Controls

Athletes requiring doping control (e.g. for a national record or ratification of performance) may request to be tested by reporting to TIC, where a "Doping Control Request Form" should be completed. The form is also available online via virtual TIC. Nevertheless, a hard copy needs to be brought to the DCS to conduct the extra test.

The cost of this control (analysis costs) will be charged to the athlete's National Olympic Committee ("NOC").



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10 CEREMONIES & SOCIAL FUNCTIONS

10.1 Opening Ceremony

The Opening Ceremony will take place on 21 June in Krakow.

10.2 Medal Ceremonies

The first, second and third placed teams in the First Division shall receive gold, silver and bronze medals respectively provided by the Host Authority for Athletics. Meaning, all members of the first, second and third placed teams in the First Division shall receive gold, silver, and bronze medals respectively. In addition, the winning team of the First Division shall receive the European Athletics Team Championships Trophy to be provided by European Athletics. The second and third finishing teams in that division shall receive a plaque to be provided by European Athletics.

The first three teams in each match of the Second and Third Divisions shall receive a plaque from European Athletics.

Winners and medallists in the individual disciplines and relays (identified based on the best performances achieved in throughout all three Divisions) will be recognized as part of the European Games 2023 programme. The medals will be distributed by the European Games 2023 OC, but no ceremonies will be organized.



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11 APPENDICES

- Appendix 1 – Official Implement List
- Appendix 2 – Timetable
- Appendix 3 – Competition Venue and Facilities
- Appendix 4 – Warm-up Venue/Training Venue
- Appendix 5 – Infield Layout



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11.1 Appendix 1 – Official Implement List

Official Implements List European Team Championships Silesia 2023



1 kg Discus

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-20-1001	Polanik	CCD19-1	Discus 1kg, Competition, Carbon in steel, Turned galvanized steel rim, Carbon fibre sides	Black
I-20-1002	Polanik	CCD20-1	Discus 1kg, Competition, Carbon in steel with central plate, Turned galvanized steel rim, Carbon fibre sides	Black
I-10-0455	Denfi Sport	D1000ST	Discus 1kg, Denfi Space Traveller, black plated steel rim, plastic sides	Black/ blue/ black centre
I-10-0489	Nordic Sport	6126100	Discus 1kg, Super Elite, stainless steel rim, fibreglass sides	White/silver
I-17-0847	Polanik	HPD17-1	Discus 1kg, Hard polywood, Steel rim & central plate	Various

2 kg Discus

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-20-1007	Polanik	CCD19-2	Discus 2kg, Competition, Carbon in steel, Turned galvanized steel rim, Carbon fibre sides	Black
I-20-1008	Polanik	CCD20-2	Discus 2kg, Competition, Carbon in steel with central plate, Turned galvanized steel rim, Carbon fibre sides	Black
I-99-0030	Nordic Sport	6131200A	Discus 2kg, Valkyrie, Steel rim, ABS sides	Turquoise/gold
I-10-0456	Denfi Sport	D2000ST	Discus 2kg, Denfi Space Traveller, black plated steel rim, plastic sides	Black/ blue/ black centre
I-20-1009	Polanik	HPD19-2	Discus 2kg, competition, Turn galvanized steel, Hard plywood sides	Brown
I-11-0498	Polanik	HPD11-2	Discus 2kg, Competition, Steel reem, Hard plywood sides	Brown

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4 kg Hammer

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-10-0466	Polanik	PH-4-B	Hammer 4kg, Premium Black, Steel, dia: 95mm,	Black
I-00-0201	Polanik	PM-4/95-S	Hammer 4kg, Competition, Stainless steel, dia: 95mm	Silver
5127400A	Nordic Sport	I-99-0010	Hammer 4kg, Stainless steel, dia: 95mm	Silver
WA I-21-0320	Polanik	WH20-4-P	Hammer 4kg, Premium Line PINK HAMMER by Anita Włodarczyk, Steel, dia: 95mm	Pink
WA I-21-0319	Polanik	WH20-4-G	Hammer 4kg, Premium Line GOLD HAMMER by Anita Włodarczyk, Brass, dia: 95mm	Gold

7,26 kg Hammer

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-10-0469	Polanik	ZH-7,26-B	Hammer 7.26kg, Ziolkowski BLACK, Steel, dia: 110mm	Black
I-00-0203	Polanik	PM-7,26/110-S	Hammer 7.26kg, Competition, Stainless Steel, dia: 110mm	Silver
I-99-0032	Nordic Sport	5127300A	Hammer 7,26kg, Stainless steel, dia: 110mm	Silver
I-99-0158	Polanik	PM-7,26/110	Hammer 7,26kg, Competition, Steel, dia: 110mm	Various



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600 g Javelin

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-99-0110	Nemeth	600C75	Javelin 600g, Classic 75m, aluminium, violet cord	Violet/yellow/red
I-13-0654	Polanik	SM13-600	Javelin 600g, Competition Space Master, aluminium, cigar head	Various
I-99-0018	Nordic Sport	7917603	Javelin 600g, Diana Steel, steel, blue cord	Lilac, white
I-11-0501	Polanik	SC10-600	Javelin 600g, Competition Sky Challenger, aluminium	Transparent red
WA I-20-1010	Polanik	CA19-600	Javelin 600g, Competition Carbon Premium Line 2019r, Full carbon, red cord	Black

800 g Javelin

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-13-0656	Polanik	SM13-800	Javelin 800g, Competition Space Master, aluminium, cigar head	Various
I-11-0504	Polanik	SC10-800	Javelin 800g, Competition Sky Challenger, aluminium, blue cord	Transparent red
I-99-0104	Nemeth	800C85	Javelin 800g, Club 85m, aluminium, violet cord	Violet/yellow/blue
WA I-20-1011	Polanik	CA19-800	Javelin 800g, Competition Carbon Premium Line 2019r, Full carbon, red cord	Black
I-03-0300	Nordic Sport	7916803c	Javelin 800g, Airglider Carbon Flex 4.5, carbon, red cord	White, red spiral

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4 kg Shot

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-16-0790	Getrasport	SH36400	Shot 4kg, Getra Master, Turned steel, dia 109mm	Various
I-12-0588	Polanik	PK-4/95	Shot 4kg, Competition, Turned Steel, dia: 95mm	Various
I-99-0150	Polanik	PK-4/100	Shot 4kg, Competition, Steel, dia: 100mm	Various
I-18-0930	Polanik	MS18-4/110	Shot 4kg, OLD SCHOOL shot put by Tomasz Majewski, Turned Steel, dia: 110mm	Various
I-99-0025	Nordic Sport	5133402	Shot 4kg, dia: 109mm	Grey/red spots

7,26 kg Shot

WA Cert.Nr.	Manufacturer	Manufacturer code	Description	Color
I-16-0793	Getrasport	SH36726	Shot 7.26kg, Getra Master, Turned steel, dia 129mm	Various
I-04-0305	Polanik	PK-7,26/128	Shot 7.26kg, Competition, Steel, dia: 128mm	Various
I-99-0152	Polanik	PK-7,26/120	Shot 7.26kg, Competition, Steel, dia: 120mm	Various
I-17-0845	Polanik	MS17-7,26/130	Shot 7,26kg, OLD SCHOOL shot put by Tomasz Majewski, Turned Steel, dia: 130mm	Various
I-22-0345	Nordic Sport	5131723	Valhalla, Ductile Cast Iron, dia: 129mm	Black
I-19-0946	Polanik	MS18-7,26/125	Shot 7,26kg, OLD SCHOOL shot put by Tomasz Majewski, Turned Steel, dia: 125mm	Various



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11.2 Appendix 2 - Timetable

ETCH-EG 2023_ All Divisions_20230310

Third Division - DAY 1 AM - 20 June

09:50	Shot Put	W
10:05	400m	W
10:10	Discus Throw	W
10:25	Triple Jump	M
10:35	400m	M
10:50	Shot Put F	W
10:55	5000m	W
11:15	Discus Throw F	W
11:28	800m	M
11:35	Pole Vault A	M
11:35	Pole Vault B	M
11:41	Triple Jump F	M
11:55	3000m SC	M
12:00	Hammer Throw	W
12:30	100m	W
12:50	100m	M
13:05	Hammer Throw F	W

Third Division - DAY 2 AM - 21 June

09:40	Long Jump	M
09:55	Pole Vault	W
09:55	Pole Vault	W
10:05	110m Hurdles	M
10:08	Discus Throw	M
10:25	100m Hurdles	W
10:56	Long Jump F	M
11:02	800m	W
11:14	Discus Throw F	M
11:20	1500m	M
11:40	400m Hurdles	W
11:45	Triple Jump	W
12:00	Hammer Throw	M
12:05	400m Hurdles	M
12:30	4x100m	W
12:50	4x100m	M
13:01	Triple Jump F	W
13:06	Hammer Throw F	M

Third Division - DAY 3 AM - 22 June

09:40	Javelin Throw	W
09:55	High Jump A	M
09:55	High Jump B	M
10:05	200m	W
10:25	200m	M
10:28	Shot Put	M
10:46	Javelin Throw F	W
10:55	Long Jump	W
11:05	3000m SC	W
11:28	Shot Put F	M
11:33	Javelin Throw	M
11:40	5000m	M
11:45	High Jump A	W
11:45	High Jump B	W
12:11	Long Jump F	W
12:20	1500m	W
12:39	Javelin Throw F	M
12:45	4 x 400m Mixed	X

Second Division - DAY 1 PM - 20 June

16:15	Shot Put	W
16:20	Hammer Throw	W
17:05	400m	W
17:15	Shot Put F	W
17:22	Triple Jump	M
17:26	Hammer Throw F	W
17:35	400m	M
17:55	5000m	W
18:15	Discus Throw	W
18:20	Pole Vault A	M
18:20	Pole Vault B	M
18:28	800m	M
18:39	Triple Jump F	M
18:55	3000m SC	M
19:21	Discus Throw F	W
19:30	100m	W
19:50	100m	M

Second Division - DAY 2 PM - 21 June

16:10	Hammer Throw	M
16:20	Long Jump	M
16:55	Pole Vault	W
16:55	Pole Vault	W
17:05	110m Hurdles	M
17:15	Hammer Throw F	M
17:25	100m Hurdles	W
17:36	Long Jump F	M
17:50	800m	W
18:10	1500m	M
18:15	Discus Throw	M
18:26	Triple Jump	W
18:40	400m Hurdles	W
19:05	400m Hurdles	M
19:20	Discus Throw F	M
19:30	4x100m	W
19:41	Triple Jump F	W
19:50	4x100m	M

Second Division - DAY 3 PM - 22 June

16:30	Javelin Throw	W
16:35	High Jump A	M
16:35	High Jump B	M
17:05	200m	W
17:25	200m	M
17:28	Shot Put	M
17:34	Javelin Throw F	W
17:55	Long Jump	W
18:05	3000m SC	W
18:25	High Jump A	W
18:25	High Jump B	W
18:27	Shot Put F	M
18:33	Javelin Throw	M
18:40	5000m	M
19:10	Long Jump F	W
19:20	1500m	W
19:38	Javelin Throw F	M
19:45	4 x 400m Mixed	X

First Division - DAY 4 PM - 23 June

16:15	Shot Put	W
16:20	Hammer Throw	W
17:05	400m	W
17:15	Shot Put F	W
17:22	Triple Jump	M
17:26	Hammer Throw F	W
17:35	400m	M
17:55	5000m	W
18:15	Discus Throw	W
18:20	Pole Vault A	M
18:20	Pole Vault B	M
18:28	800m	M
18:39	Triple Jump F	M
18:55	3000m SC	M
19:21	Discus Throw F	W
19:30	100m	W
19:50	100m	M

First Division - DAY 5 PM - 24 June

15:10	Hammer Throw	M
15:20	Long Jump	M
15:55	Pole Vault	W
15:55	Pole Vault	W
16:05	110m Hurdles	M
16:15	Hammer Throw F	M
16:25	100m Hurdles	W
16:36	Long Jump F	M
16:50	800m	W
17:10	1500m	M
17:15	Discus Throw	M
17:26	Triple Jump	W
17:40	400m Hurdles	W
18:05	400m Hurdles	M
18:20	Discus Throw F	M
18:30	4x100m	W
18:41	Triple Jump F	W
18:50	4x100m	M

First Division - DAY 6 PM - 25 June

15:30	Javelin Throw	W
15:35	High Jump A	M
15:35	High Jump B	M
16:05	200m	W
16:25	200m	M
16:28	Shot Put	M
16:34	Javelin Throw F	W
16:55	Long Jump	W
17:05	3000m SC	W
17:25	High Jump A	W
17:25	High Jump B	W
17:27	Shot Put F	M
17:33	Javelin Throw	M
17:40	5000m	M
18:10	Long Jump F	W
18:20	1500m	W
18:38	Javelin Throw F	M
18:45	4 x 400m Mixed	X



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11.3 Appendix 3 – Competition Venue and Facilities





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11.4 Appendix 4 – Warm-up Venue/Training Venue

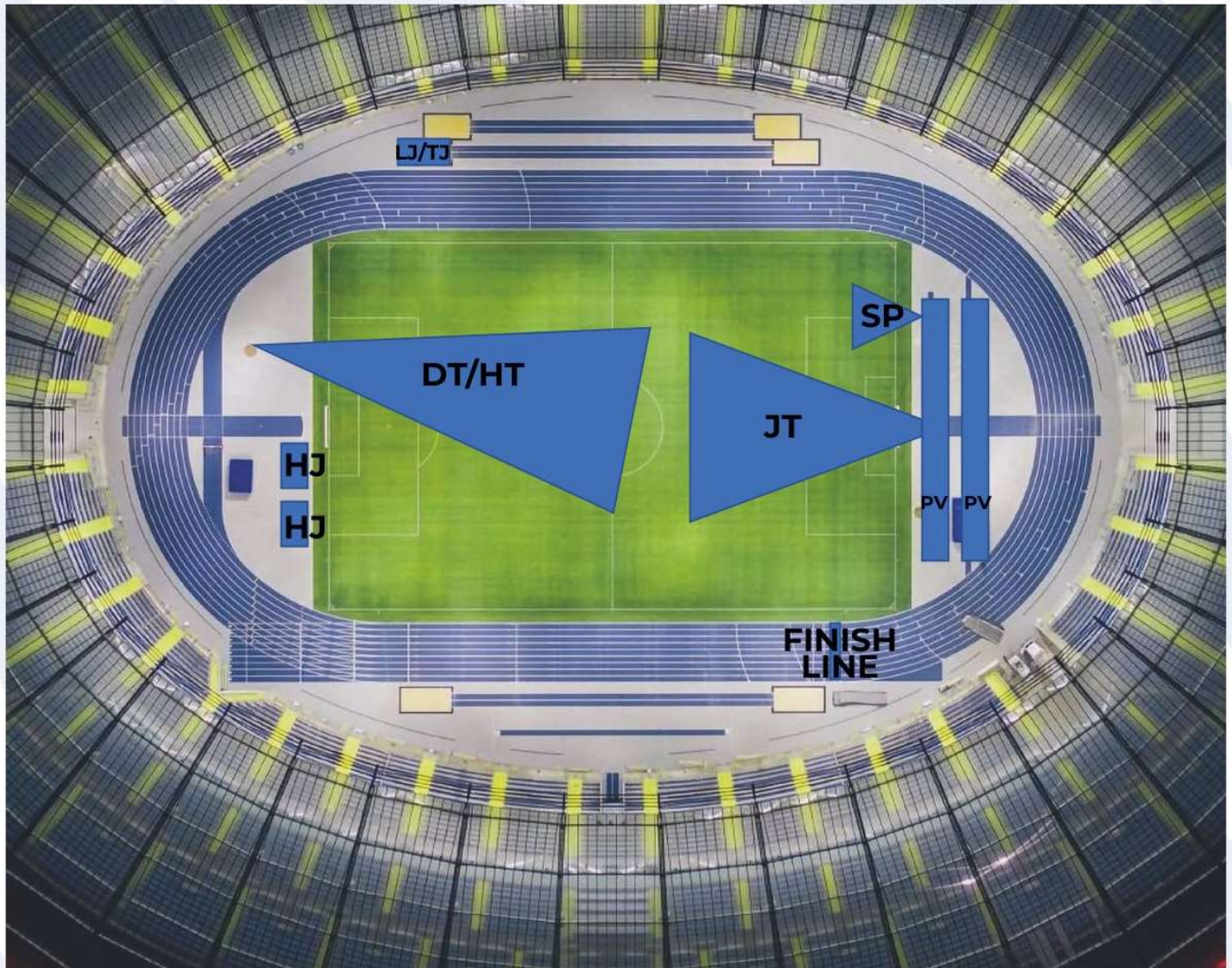




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11.5 Appendix 5 – Infield Layout





OFFICIAL PARTNERS



BROADCAST PARTNER



OFFICIAL SUPPLIER



PREFERRED SUPPLIER



HOST INSTITUTIONS



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